

EquuSpecialist™ is Equuvation's exclusive training program for those interested in pursuing certification as an Equine Specialist in Mental Health + Learning



EQUUVATION
THERAPY + EDUCATION CENTER

EquuSpecialist™ Syllabus

Equuvation's EquuSpecialist™ Program is composed of the following **Virtual Learning Modules**. For each module, participants will complete self-paced online learning presentation, recommended reading, worksheets, a hands-on experiential workshop and a final evaluation. The general concepts within each module are listed below.

ES Introduction **00** + Resources

- Intention Packet
- Qualities :: Self-Reflection
- Social Contract
- Code of Ethics
- HIPAA + Confidentiality
- Reading + Resource List
- Industry Definitions
- EAAT Models

ES Lifecycle of **01** the Horse

- Breeds, Colors + Markings
- Parts of the Horse
- Horse Senses + Behaviors
- Herd Dynamic
- Stable Management
- Health + Wellness
- Tack + Equipment
- Lifecycle *of the* Horse Impact

ES Horsemanship **02** + Handling

- Safety + Preparation
- Haltering + Leading
- Grooming
- On-line Exercises
- Round Pen Exercises
- Arena Exercises
- Gaits + Training
- Equestrian Disciplines

ES Conditions + **03** Case Studies

- Mental/Behavioral Health Disabilities/Special Needs
- Population Differences
- EFP vs. EAL/EFL
- Group vs. Individual
- Precautions
- Contraindications
- Client Case Studies

ES Curriculum + **04** Session Design

- EAAT Efficacy + Benefits
- Client Goals
- Ground + Stable Lessons
- Exercises + Games
- Pop-specific Curriculum
- Designing Sessions
- Equine Traits + Selection
- Progress Tracking

ES Language + **05** Relationships

- Ethics in the Field
- Language Guides
- The Team Approach
- The "ES Lane"
- Client Rapport
- Working *with* MHPs
- Working *with* (other) ESs
- Flexibility

ES WWYD + **06** Policies

- Self-Care for the ES
- Ethical Treatment of Equines
- "Session Scenarios" -
what would you do?
- PATH Standards
- Center Policies
- ES Responsibilities
- Preparing for Certification

ES Workshops + **07** Observation

- Experiential Workshops
Participants must attend at least FIVE workshops.
- Program Observation
Participants must record at least 10 hours of program observation or volunteering.

ES Certification **08** Process

- Individual Certification
- Module Eval Scores
- Horsemanship Test
- Mock Client Session(s)
- Final Interview
- EquuSpecialist™ Contract
- Moving ahead to PATH
- ESMHL Certification



EquuSpecialist™ is Equuvation's exclusive training program for those interested in pursuing certification as an Equine Specialist in Mental Health + Learning

EquuSpecialist™ Experiential Workshops | Agendas

EquuSpecialist participants must attend at least 5 workshops in order to complete this course and be recommended for certification. However, you may attend as many dates as you like for practice. Please refer to our online learning portal for available dates within each calendar year. Workshops are hosted at Equuvation's Therapy + Education Center in Statesville, NC, although we are open to hosting them at other local facilities. Below is a basic agenda for each Experiential Workshop (EW). Attendees at each workshop date may vary, and plans are in place for when attendees are new to a session or repeating one, in order to guarantee that all participants receive hands-on education and practice for all of the topics listed below. There is no additional cost to attend group workshops.

EW AGENDA 01

- Qualities of an Equine Specialist
- EAAT Terminology
- Breeds, Colors and Parts of the Horse
- Horse Senses/Behaviors + Herd Dynamics
- Lifecycle of the Horse
- The Horseman's Handshake
- Haltering + Leading
- Grooming

EW AGENDA 02

- Stable Management | Health + Wellness
- Haltering + Leading
- Aids
- Safety
- Horsemanship Exercises
On-line | Round Pen | Pasture
- PATH Horsemanship Test Tasks

EW AGENDA 03

- Differences between EAL/EFL and EAP/EPF
- Client Population Differences
- Horsemanship Exercises (continued)
On-line | Round Pen | Pasture
- PATH Horsemanship Test Tasks (continued)
- Introduction to Session Design, Team Approach, Clients and Relationships

EW AGENDA 04

- Client Population Differences (continued)
- The Treatment Team Approach
- Curriculum and Session Design
- Session Facilitation (case studies, role play)

EW AGENDA 05

- Language, Relationships and Boundaries
- The Treatment Team Approach (continued)
- Curriculum and Session Design (continued)
- Session Facilitation (continued)
- Prep for Certification

RSVP is REQUIRED for all workshops.
There will be interactive Q&A at each workshop.

If extra workshops are needed to practice session facilitation, prep for certification or answer questions, we will schedule them accordingly. Private mentoring sessions may be available (cost: \$50 donation per session). For participants who are attending an additional workshop that is also utilizing an agenda you have already been present for, practice opportunities will be available during that workshop for: Grooming, Stable Management, Haltering + Leading, Horsemanship Exercises and PATH Horsemanship Test Tasks, and Session Design.